



EMILIE RAE COCHRANE

Sports Reporter/Anchor

CONTACT

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✂️ @emcochranetv

📺 Emilie Rae Cochrane

EDUCATION

Temple University | 2019–2023
Bachelor of Arts in Journalism

SKILLS

- Adobe Premiere Pro
- EDIUS
- ENPS
- Social Media Platforms
- Sony XDCAM
- Dejero EnGo/TVU

EXPERIENCE

Sports Reporter/Anchor

Aug 2023 – Present

WBIR 10News | Knoxville, TN

- Anchor, shoot, and produce sportscasts three+ times weekly, delivering creative, informative coverage of the University of Tennessee and college athletics
- Reporter and Host for high school football coverage, including live hits for “10Tailgate” and hosting “10Sports the Blitz”
- Consistently creating social media content, generating thousands of impressions
- Coordinate across all departments to conduct polished, on-air broadcasts under tight deadlines

Sideline Reporter

Aug 2025 – Present

Rivalry Thursday | Knoxville, TN

- Sideline reporter for East Tennessee High School football games on WBIR+ and PackMan HD Productions
- Contribute to a 30-minute pregame show and three hour live broadcasts
- Conduct pregame, in-game, and postgame interviews with players and coaches
- Deliver live updates, analysis, and off-the-field storylines

Sideline Reporter

Nov. 2022 – Dec. 2022

Drexel University | Philadelphia, PA

- Sideline reporter for the Drexel women's basketball team as part of the CAA's Division I coverage on NBC Sports Philadelphia
- Collaborate with the play-by-play and color commentators
- Conduct sideline hits and post-game/halftime interviews with players and coaches

Freelance Reporter

June 2022 – April 2023

The Sports Fan Base Network | Camden, NJ

- Sideline reporter for the Brotherly Love Pro Am League
- Conduct sideline hits and post-game/halftime interviews with players and coaches
- Collaborate with a live production crew to stream athletic events

Sports Reporter/Anchor

Jan 2020 – May 2023

OwlSports Update Productions | Philadelphia, PA

- Report and create stories for TUTV's 45 minute long, award-winning live television show, Inside the Nest, which covers and analyzes Temple Football
- Interview coaches and athletes to establish content. Involved in all aspects of production – writing scripts, editing highlights, and collecting footage
- Collaborate with photographers and producers to edit packages with Adobe Premiere Pro

Studio Production Intern

Aug 2022 – Jan 2023

NFL Films | Mount Laurel, NJ

- Pitch content and segment ideas for Good Morning Football
- Communicate with producers to help find stats for NFL Redzone and GameDay Live